

# Spiritual And Metaphysical Hypnosis Scripts

Did you know that under hypnosis you can give yourself a cue to help you relax into a meditative state. An in-depth discussion explains how to handle any phenomenon that may occur, with the author's own experiences revealed. Section two offers techniques and preparation for entering meditation and reveals what may happen during the altered state. This book reveals the most effective methods behind that advice and tells you exactly how you can maximize your success easily by mastering self-hypnosis and meditations. Your life improves when your mind is free to receive the goodness that is yours. One of the author's actual hypnosis sessions is included as a sampling of eliminating one of her major issues. In this hypnotherapy scripts book, you will discover: Section one offers Scripts for learning self-hypnosis to help clear your mind and rid yourself of troublesome issues. Once you've learned to access these deep states of hypnosis, you'll find that you can use them to supercharge any hypnotic processes you might choose f6ca221dce

This professional made Hypnosis Script was created and copyrighted by Key Guy Technology LLC. Hypnosis is theorized to work by altering your state of mind, it does this in such a way that the left brain is turned off, while the non-analytical right side is made alert. As a bonus you will receive access to the audio mp3 version of this script. Brain Power Self hypnosis, this is a powerful hypnosis script that helps you have stronger brain power. The conscious mind is slowed down and the subconscious mind is made more alert. Hypnosis is theorized to work by altering your state of mind, it does this in such a way that the left brain is turned off, while the non-analytical right side is made alert. The conscious mind is slowed down and the subconscious mind is made more alert f6ca221dce

The author is a professional hypnotherapist in a busy capital city practice. Each script is the outcome of testing and refining in clinical situations. Use these scripts to deal with common sleep problems. There are also scripts for accessing the unconscious mind through visualization, and ways to relax the mind to get ready for sleep. A collection of clinical hypnosis scripts. There are scripts for Teeth Grinding, Insomnia, Anxiety, Racing thoughts, Restless Legs and other issues f6ca221dce

The conscious mind is slowed down and the subconscious mind is made more alert. Hypnosis is theorized to work by altering your state of mind, it does this in such a way that the left brain is turned off, while the non-analytical right side is made alert. Attic Weight Loss Self hypnosis, this is a powerful hypnosis script that helps you with attic weight loss. As a bonus you will receive access to the audio mp3 version of this script. The conscious mind is slowed down and the subconscious mind is made more alert. This professional made Hypnosis Script was created and copyrighted by Key Guy Technology LLC. Hypnosis is theorized to work by altering your state of mind, it does this in such a way that the left brain is turned off, while the non-analytical right side is made alert f6ca221dce

The conscious mind is slowed down and the subconscious mind is made more alert. As a bonus you will receive access to the audio mp3 version of this script. Bedwetting Self hypnosis, this is a powerful hypnosis script that helps you get rid of bedwetting. The conscious mind is slowed down and the subconscious mind is made more alert. Hypnosis is theorized to work by altering your state of mind, it does this in such a way that the left brain is turned off, while the non-analytical right side is made alert. This professional made Hypnosis Script was created and copyrighted by Key Guy Technology LLC. Hypnosis is theorized to work by altering your state of mind, it does this in such a way that the left brain is turned off, while the non-analytical right side is made alert f6ca221dce

This book was wrote for use primarily in hypnotic trance. The metaphors are useful and curative in nature f6ca221dce

Holmes-Meredith teaches hypnotherapists at HCH Institute and uses in her private practice. Learn how spiritual hypnotherapy and working directly with the client's higher Self can deepen and expand the healing process. The client will engage in a direct relationship with his higher Self as an inner resource and guide throughout the trance experience. Dr. These hypnotherapy scripts include empowering and open-ended language patterns and transformational approaches for presenting issues related to the body, mind and spirit. Also included are interviews with six of her hypnotherapy graduates who share how working with a spiritual approach to hypnotherapy not only supports profound transformation in their clients, but also supports their own on-going healing and evolution of consciousness. The fifty-two hypnotherapy scripts and a script for teaching the Emotional Freedom Technique (EFT) are proven approaches Dr. Spiritual Hypnotherapy Scripts provides access to the quantum field of consciousness, the spiritual realm from which all healing flows. Unlike most published hypnosis scripts, these hypnotherapy scripts use therapeutic processes that allow the hypnotherapist and client to personalize the trance experience by following the client in an interactive way. Holmes-Meredith presents her approach to teaching and working with hypnotherapy with ten Taoist precepts taught through the ancient Taoist text the Tao Te Ching f6ca221dce

Verbatim sample transcripts of various induction and therapeutic suggestion procedures with detailed guidelines for creating one's own hypnotherapeutic inductions and metaphors are included. This book not only explains the rationale for every step in the hypnotherapeutic process, it also contains sample scripts for each step. Also included is a detailed review of the diagnostic trance process, a therapeutic procedure unique to this text. Recent research and writings on the role of unconscious processes, wellness, and positive psychology have been added to this edition. Hypnotherapy Scripts, 2nd Edition is a straightforward, practical guide for doing Ericksonian hypnotherapy. This edition of Hypnotherapy Scripts guides professionals through the construction of their own hypnotherapy induction and suggestion scripts f6ca221dce

This book is your guide to specific applications of hypnosis with a variety of medical conditions. Its purpose is to help you help others, by effectively providing solutions to support success in medical treatment and to promote healing through hypnosis. Professional hypnosis is a first line intervention for many medical conditions and the research shows medical patients respond to hypnotic suggestion with health, healing and hope. In this book you will learn: An eight-step process for pain control, How to integrate proven strategies, like Autogenic Training, into medical hypnosis, How to structure suggestions for medical conditions, Specific visualizations for cancer patients, How to utilize hypnotic phenomena, like time distortion, to help patients manage difficult medical procedures, Techniques for managing depression, fear and anxiety among medical patients, and How to market services to medical clients and build medical referrals Richard K. Nongard is a Certified Professional Hypnotist f6ca221dce

The first section of the book introduces you to your amazing and wonderful subconscious mind where your deepest thoughts, feeling and behaviors have their roots. Unlocking the Blueprint of the Psyche is designed to help harness the incredible power of your mind to create self-help miracles in your life. It teaches you to talk to your subconscious mind in language that it understands; allowing you to enter and make changes within. Finally, the second section of the book presents you with 17 successful Self-Hypnosis scripts from the author's own practice, such as inductions, deepening and awakenings; plus topics such as stress management, pain management, emotional freedom, addictions and compulsions, personal growth, weight reduction, stop smoking, improving memory. Author and longtime Clinical Hypnotist Robert Hughes BCH, shows you how to write powerful suggestions and scripts for positive change in your feelings, thoughts and actions automatically and effortlessly, as well as step by step instructions on creating your own powerful Self-Hypnosis scripts. Unlocking the Blueprint of the Psyche: Self-Hypnosis for Modern Miracles is a superb reference for both the new and seasoned Hypnotist. All of these can be used as is; or can be easily modified to improve your life in thousands of ways - including a Self-Hypnosis master script that can be applied to anything you want to work on f6ca221dce

Unleash the power of your mind and discover your potential. Do you wish you had the power to become all that you can be. The instructions in this book are meant for those wishing to learn and use the techniques of self-hypnosis and/or meditation for self-improvement. Easy, yet powerful scripts are provided to produce desired changes. All good-intentioned programming works best when you reach a deeper state of mind. Lucky you. Your subconscious is prompting you to investigate. The secret is in accessing those states through easy life-changing techniques. It is saying that you are capable of deeper states of mind. Many have tried to focus to learn either self-hypnosis or meditation and failed. A thin window of consciousness differentiates two states of the mind - self-hypnosis and meditation - and this book will show their similarities, and define each condition and accessibility. Applied concentration and knowing what to expect once entranced may be what was missing. If you're curious enough to at least peruse this book, then the ability to learn these techniques is already a part of your consciousness, and will soon to be recognized. You can change your life today f6ca221dce

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Hypnosis is theorized to work by altering your state of mind, it does this in such a way that the left brain is turned off, while the non-analytical right side is made alert. The conscious mind is slowed down and the subconscious mind is made more alert. Book Of Time Regression Self hypnosis, this is a powerful hypnosis script that helps you with with book of time regression. This professional made Hypnosis Script was created and copyrighted by Key Guy Technology LLC. Hypnosis is theorized to work by altering your state of mind, it does this in such a way that the left brain is turned off, while the non-analytical right side is made alert. As a bonus you will receive access to the audio mp3 version of this script. The conscious mind is slowed down and the subconscious mind is made more alert f6ca221dce

This work represents years of work in the field of clinical hypnosis. As a trained Hypnotic Professional, you will notice, the use of deepening techniques, truisms and confusion method techniques within these suggestion scripts to further deepen the hypnotic state while the client (patient) is hypnotized to increase impact and long-term effectiveness. For many Hypnotists utilizing this work are finding clients (patients) achieving breakthroughs quite rapidly. These scripts and techniques are written in the style and language of this profession. All of these original suggestions, techniques and methods contained herein have proven effective and beneficial for the majority of clients (patients) utilizing them, quite often achieving beneficial results in one or just a few sessions f6ca221dce

The Healing Metaphor examines the power of metaphor in therapy and provides a range of original hypnotherapy scripts covering issues from Adoption, Grief and Anxiety to Cancer, IBS and Migraine f6ca221dce

A thin window of consciousness differentiates two states of the mind - self-hypnosis and meditation - and this book will show their similarities, and define each condition and accessibility. Easy, yet powerful scripts are provided to produce desired changes. Unleash the power of your mind and discover your potential. You can change your life today. If you're curious enough to at least peruse this book, then the ability to learn these techniques is already a part of your consciousness, and will soon to be recognized. The secret is in accessing those states through easy life-changing techniques. All good-intentioned programming works best when you reach a deeper state of mind. Your subconscious is prompting you to investigate. Many have tried to focus to learn either self-hypnosis or meditation and failed. Do you wish you had the power to become all that you can be. The instructions in this book are meant for those wishing to learn and use the techniques of self-hypnosis and/or meditation for self-improvement. Applied concentration and knowing what to expect once entranced may be what was missing. This is the large print edition of Hypno-Scripts, with a larger font / typeface for easier reading. It is saying that you are capable of deeper states of mind. Lucky you f6ca221dce

This book includes the spiritual sessions of scores of people from around the world, documented by some of the leading hypnosis practitioners from countries in both hemispheres. Perhaps this may sound somewhat far-fetched. Perhaps it may sound like fantasy. People of all faiths pray, seeking answers from a Higher Power. Whether or not you pray often, seldom, or never, have you ever wondered what it would feel like to receive an immediate response from a prayer. Whatever your opinions, please do yourself a favor and read this book with an open mind. What if hypnosis and meditation were keys to making this possibility become reality. Open yourself up to the possibilities of Spiritual Hypnosis: Accessing Divine Wisdom f6ca221dce

Your mind is by far your most valuable resource. The late Dick Sutphen was a master of hypnosis. Because it allows to you to access the many dimensions of your mind—most of which you aren’t even aware of. This book, which brings together his lectures and hypnosis scripts from over many decades, will show you: The metaphysical laws of the universe How your thoughts manifest in action, and how to make this principle work for you How to overcome negative emotions and fearful beliefs The incredible power of your self-image, and how to use it How to relax fully Techniques for receiving answers from Spirit And much more. The amazing powers of hypnosis are well known, but few know how to use them to improve life and win success. Hypnosis will help you make use of your limitless brain power. Let this important and powerful book show you how to use it most effectively. Why is hypnosis so powerful f6ca221dce

This incredible book contains 65 complete hypnosis scripts for professional hypnotherapy. These scripts are designed to draw on multiple tools such as NLP (Neuro-Linguistic Programming), ACT Therapy, Mindfulness Meditation, Direct Suggestion, Indirect suggestion and integration of hypnotic phenomena with contextual psychology. There are also scripts for Guided Mindfulness Meditation sessions. There are scripts for medical hypnosis applications, scripts for habit and lifestyle issues, and scripts to meet your clients metaphysical needs or needs for self-improvement. A modern script book, with scripts based on Contextual Psychology, giving you tools for manifesting real change f6ca221dce

Hypnosis is theorized to work by altering your state of mind, it does this in such a way that the left brain is turned off, while the non-analytical right side is made alert. The conscious mind is slowed down and the subconscious mind is made more alert. As a bonus you will receive access to the audio mp3 version of this script. Chakra Induction Self hypnosis, this is a powerful hypnosis script that helps you relax and heal your chakras. This professional made Hypnosis Script was created and copyrighted by Key Guy Technology LLC. Hypnosis is theorized to work by altering your state of mind, it does this in such a way that the left brain is turned off, while the non-analytical right side is made alert. The conscious mind is slowed down and the subconscious mind is made more alert f6ca221dce

The collection of scripts contained in this book have been collated over many years and have been written by Gemma Bailey who is a qualified practicing hypnotherapist. Creating Trance and Hypnosis Scripts contains tried and tested hypnosis scripts for professional or trainee hypnotherapist's who are looking to help clients solve problems and ailments, from the more common quit smoking session to the less familiar candida. Changes in the hypnotists voice tonality have been marked out by altering the font of the text. Gemma has designed each script to include several hypnotic patterns (including language, voice tone, double binds etc) to help aid the trance experience. The section called writing hypnosis scripts gives details about the hypnotic patterns and language used by professional hypnotherapists and NLP Master practitioners. This section provides tasks for the reader, encouraging them to use and identify hypnotic language so that they can create their own hypnotic scripts f6ca221dce

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The scripts include losing weight, quitting smoking, sports achievement, stress management, self-confidence, holistic healing, developing psychic ability, attracting abundance, past life regression, enhancing creativity, and many more. Inside this book are all the tools and techniques you need to create powerful and positive changes in your life. Hypnosis, by its very nature, is holistic--it encompasses the whole person. You have the power to change and control your life. co. In addition to offering everything you need to know about self-hypnosis, this book provides 33 word-for-word scripts, which you can adapt to fit your needs, of literally hundreds of ways you can use self-hypnosis to bring you greater happiness, fulfillment, and achievement in your life. [http: //morpheusbooks](http://morpheusbooks). Visit Morpheus Books for more information. body, mind, and spirit. blogspot. By using self-hypnosis, you can achieve your goals and direct your subconscious mind to work for you in any area you desire to create a better life f6ca221dce

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A useful collection of Hypnotic Scripts f6ca221dce

Whether you want to boost your confidence, improve your memory, release negative emotions, or banish unhealthy habits, you can use self-hypnosis to reprogram your subconscious and achieve anything you want. Using simple terms, Webster describes how hypnosis works while dispelling common myths surrounding it. He then offers practical, step-by-step guidance, including relaxation exercises and sample scripts that you can use and adapt for your own goals. Self-hypnosis is a rewarding and highly effective way to change patterns of behavior and create the life you desire. Learn how to: —Ease yourself into and out of self-hypnosis —Tell when you have entered into a state of hypnosis —Incorporate positive suggestions into your subconscious mind during hypnosis using affirmations, keywords, visualization, and scripts —Write your own scripts to attain just about any goal. Design your ideal life—easily and safely. Based on decades of study and refinement of his proven methods, Richard Webster tells you everything you need to know about self-hypnosis—a practice that’s a lot easier than you might think f6ca221dce

This book was written as a stand alone text as well as a companion book to Quantum Self Hypnosis, so readers of that book will find many new and interesting scripts to use in this book. We decided at the 11th hour to include one of our well-known Stop Smoking Hypnosis scripts because it seemed wrong not to include a script for one of the most popular Hypnosis applications in this first volume of Quantum Hypnosis Scripts. As the title suggests, this book focuses exclusively on Hypnosis scripts and instructions for their best use. These scripts are all positive, present tense, and affirmative in nature, thus very effective. Incidentally, if you are a user of the Instant Self Hypnosis method or a reader of Eyes Open Self Hypnosis, reading these complete and suggestion-rich scripts will work well for you. Quantum Hypnosis Scripts is a 222 page book of 26 full length, professional Hypnosis scripts, ideal for either professional use or for Self Hypnosis. If you are looking for quality, time tested Hypnotherapy scripts, this is the book for you. While the script isn't unique, it is very effective, so for readers looking for a good Stop Smoking script, enjoy your bonus script. Detailed information on how to access your free Hypnosis session is available in the last chapter of this book. These scripts are very helpful for professional use as well as for Self-Hypnotists. In addition to the 20 individual, push-button Hypnosis scripts, Quantum Hypnosis Scripts provides 2 Master Hypnosis Inductions, which are essential to the use of the provided Hypnosis scripts, if you don't already have a favorite Hypnosis induction. Since these applications are ideally treated with a series of progressive, sequential sessions which are frequently hard to find, I think that readers will be pleased with these session scripts. The general approach for all of the included scripts is ego-strengthening and nurturing. Since this script is not brand new or unique, it is being included as a Bonus script and not being counted as one of the advertised 24 Hypnosis scripts included in this book. This book is considered a cornerstone work by many practicing Hypnotherapy professionals. Readers of Quantum Hypnosis Scripts also receive a Bonus FREE full-length audio Hypnosis session, valued at \$59, available at the book's website. There are also a few essential, duplicate Hypnosis applications featured in this book complete with new suggestions and thus different scripts from those offered in Quantum Self Hypnosis. For readers of Quantum Self Hypnosis and students or graduates of NEIH, these are new scripts for you, although the now familiar script framework (the beach scene) is used in all the included scripts. Also included are 2 Hypnosis Series Programs of 3 Hypnosis scripts each, for Weight Loss and Stress Reduction. Also important, there are no scripts in this book that utilize negative programming or aversion therapy f6ca221dce

Nongard provides both the new and experienced hypnotist with a reference book of actual hypnotic session scripts in a variety of styles, for work with both adults and children. com. HypnosisGurus. Learn to combine approaches for enhanced trance depth; understand hypnotic language patterns; increase your confidence and abilities; zoom past the Critical Factor into the Subconscious with Rapid Touch inductions; and experience suggestion compliance with even the most fidgety child. \"Inductions and Deepeners: Styles and Approaches for Effective Hypnosis\" by Richard K. Foreword by Michael Johns. com and LearnClinicalHypnosis. These hypnosis scripts - from creative adaptations of Milton Erickson's Levitation, Dave Elman's Count with Amnesia, and Zarren's Marble induction approaches, to Nongard's own unique \"Eyes-Open Backwards Hypnosis\" \"superconscious\" strategy - offer useful demonstrations and detailed explanations for real success f6ca221dce

It includes a workbook of instructions for over 40 self-hypnosis sessions, a year's worth of daily reprogramming affirmations, and other tools that the author has used to help thousands of clients awaken. Combining true-life anecdotes and inspiring examples, and packed full of information, this book offers practical tips and all you need to heal every area of your life: relationships, money, health, career, addictions, sex, and more. In this groundbreaking book, renowned hypnotherapist Cynthia Morgan brings together hypnosis and A Course in Miracles for the first time. You're Already Hypnotized is a unique blend of information and a powerful self-healing system. With this book as your guide, you will learn to wake up to a more fulfilled life. Using these life-changing tools, she explains how our minds have become hypnotized by false beliefs and provides step-by-step guidance on how to realize your true potential f6ca221dce

The hypnosis scripts in both works were crafted from his years of experience in his own practice, such as inductions, deepening and awakenings; plus topics such as stress management, pain management, emotional freedom, addictions and compulsions, personal growth, weight reduction, stop smoking, improving memory. This book, Seventy Proven Hypnosis Scripts, is designed to accompany and add to the powerful Self-Hypnosis scripts from the Robert's first book, Unlocking the Blueprint of the Psyche. All of these can be used as is; or can be easily modified to improve your life in thousands of ways f6ca221dce

Quantum Self Hypnosis is a power-packed Self Hypnosis guide designed to fully prepare the reader to take control of his mind and life. Would you like to lose those \"senior moments\" that I've even heard 30 year olds complaining about. How much would your life improve if you could quickly, pleasantly and easily gain focus and pinpoint concentration. Self hypnosis is the fastest and easiest way to give your life a quick and affordable facelift. Become empowered to make the changes you've wanted to make by learning how to maximize the hidden genius within. Quantum Self Hypnosis readers learn to become Self Hypnosis Masters- able to access all the genius abilities hidden in their minds and to put that genius to work in creating the life of their dreams. All readers of Quantum Self Hypnosis receive a FREE full length Self Hypnosis Session download, valued at \$59. This session is designed to help the reader to experience hypnosis, and to anchor in the hypnotic cadence, so important to achieving a full state of Hypnosis. This session also helps the reader to assimilate, access and retrieve the information learned by reading this book as well as instilling confidence in his ability to successfully use Self Hypnosis. Jo Ana Starr, the author of Quantum Self Hypnosis, gives you all the tools you need to create dynamic life changes by including 5 client-tested Master Hypnosis Inductions and 20 Self Hypnosis full-length session scripts; these inductions and scripts combine to create 20 full length, professional Self Hypnosis sessions, The number of ideal applications for Self Hypnosis is almost limitless. We all have some aspect of our lives and our belief systems that need a bit of upgrading f6ca221dce

These scripts are written as though you would read them aloud to a recording device or to a client. You will find 55 original hypnotic scripts inside designed by Clinical Hypnotherapy Practitioners. Some of the scripts you will find: Relaxing the Whole Body Process Full Body Relaxation Non-Process Energy Relaxation Drawing Clouds Steps to the Beach Forest Steps Abundance I Abundance II The Achiever Bedwetting Script Career Change Clutter-Free Living Clutter Script / Disorganization Confidence Boost Diabetes: Type 1 Finding Purpose Gratefulness Script Peace During Pregnancy Healing Athletic Injuries Insecurity Low Self-Esteem Nail Biting Owning Your Own Emotions Professional Baseball Confidence Releasing a Romantic Relationship School Performance Self-Confidence Self Love, Self Worth Feelings of Unworthiness Script Sewing Improvement Smoking Cessation Smoking Cessation II Transition to Motherhood Compulsive Eating While Watching TV Script The Ultimate Goal Achievement Script Weight Loss I Weight loss II Increased Metabolism Weight Loss III Physical Health Weight Loss IV Special note: As you know hypnotists have a special way of communication. If you are a Clinical Hypnotist you know the same old scripts can get pretty boring, add some variety to your sessions and get your client the help they desire. The scripts contained within are crafted for some unique as well as common issues f6ca221dce

These \"working\" scripts do not have the added instructions so that you can be sure that you are reading just what needs to be read to each client for each issue. Each script has embedded instructions that lets you know exactly how to use it properly. This book is designed for the working professional. He also gives you insider techniques that no hypnotherapy practice should be without. Look oinside and see what you get. In the first half of the book, every technique and script is explained in detail. This is NOT just another book of scripts. This set of hypnotic inductions and therapeutic scripts are Calvin Banyan's favorites. Then, in the second half of the book, you get the most important scripts in larger print and double spaced so that you can easily remove it and use it in your sessions. AND, you will get the \"Must Have\" Universal Script that works for almost any issue that your client brings into your office. You will find that you use these patter scripts again and again. Plus, you will get new original scripts that you will not get anywhere else. You have to use it to believe it. And, you will love the universal script that will work for most client's issues f6ca221dce

Breech Birth Relaxation Self Hypnosis Hypnotherapy Meditation Script f6ca221dce

We decided at the 11th hour to include one of our well-known Stop Smoking Hypnosis scripts because it seemed wrong not to include a script for one of the most popular Hypnosis applications in this first volume of Quantum Hypnosis Scripts. The general approach for all of the included scripts is ego-strengthening and nurturing and very helpful for professional use as well as for Self-Hypnotists. Also important, there are no scripts in this book that utilize negative programming or aversion therapy. FREE PROFESSIONAL AUDIO HYPNOSIS SESSION INCLUDED WITH PURCHASE. Then this is the book for you. These scripts are all positive, present tense, and affirmative in nature, thus very effective. In addition to the individual, push-button Hypnosis scripts, Quantum Hypnosis Scripts provides 2 Master Hypnosis Inductions, which are essential to the use of the provided Hypnosis scripts. Quantum Hypnosis Scripts is a 222 page book of full length, professional Hypnosis scripts, ideal for either professional use or for Self Hypnosis. Detailed information on how to access your free Hypnosis session is available in the last chapter of this book. This book was written as a stand alone text as well as a companion book to Quantum Self Hypnosis, so readers of that book will find many new and interesting scripts to use in this book. There are also a few important, duplicate Hypnosis applications featured in this book complete with new suggestions. Also included are 2 Hypnosis Series Programs of 3 Hypnosis scripts each, for Weight Loss and Stress Reduction. If you are looking for quality, time tested Hypnotherapy scripts, this is the book for you. Since these applications are ideally treated with a series of sessions which are frequently hard to find as scripts, I think that readers will be pleased with these session scripts Readers of Quantum Hypnosis Scripts also receive a Bonus FREE full-length audio Hypnosis session, valued at \$59, available at the book's website. As the title suggests, this book focuses exclusively on Hypnosis scripts and instructions for their best use. While the script isn't unique, it is very effective, so for readers looking for a good Stop Smoking script, enjoy your bonus script. Incidentally, if you are a user of Instant Self Hypnosis method or a reader of Eyes Open Self Hypnosis, reading these complete and suggestion-rich scripts will work well for you. For readers of Quantum Self Hypnosis and students or graduates of NEIH, these are new scripts for you, although the now familiar script framework (the beach scene) is used in all the included scripts. This book is considered a cornerstone work by many Hypnotherapy professionals working full time in our field. Since this script is not brand new or unique, it is being included as a Bonus script and not being counted as one of the advertised 24 Hypnosis scripts included in this book. Do you need complete and effective Hypnosis scripts for your practice or for your own use f6ca221dce

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audio programs plus additional scripts for therapeutic use by professionals or individuals wishing to practice self-hypnosis. and New Realities. This approach allows the client to create an attitude of agreement without unconscious blocks and resistance on which to build their new reality. In effect, this program creates an attitude of willingness to be willing, the foundation of all successful change. Seven inductions & twenty-two scripts serve a threefold therapeutic function: firstly, an invitation to the unconscious mind to bring resolution; secondly, direction to the subconscious mind to release imprints and impressions; and thirdly, reinforcement of goals through direct suggestions. All the scripts of the Awakening Series f6ca221dce

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